



Easter Seals Oklahoma
Creating Solutions, Changing Lives.

CAREGIVER SUPPORT GROUP

Your well-being is essential to those you care for.



In collaboration with Sunbeam Family Services, Easter Seals Oklahoma offers a safe and nurturing environment for caregivers to learn, build relationships, share information and resources, vent frustrations, and gain emotional support.

Meetings are held the **fourth Wednesday** of every month from 12:00pm-1:30pm. Lunch is provided at each meeting so please RSVP.

LOCATION: Easter Seals Oklahoma (use west door)

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Easter Seals Oklahoma

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The project makes no distinctions on the grounds of race, color, gender, age, ancestry, national origin, religion, or disability. A portion of the project costs are met by state and federal OAA funds from Areawide Aging Agency and OKDHS Aging Services Division. There are no costs to the participants; however, donations are accepted.